

Patient Instructions Urine Collection for Cytology

Your doctor has requested that you provide 3 urine specimens for a cytology examination.

The first urine of the day is unsuitable for cytology and should not be collected. A mid- morning urine should be collected (sometime between breakfast and lunch).

There is no need to go without breakfast or any refreshments such as tea or coffee.

Collection procedure

1. Open large yellow top container.
2. Urinate the first portion of urine into the toilet.
3. Empty all the urine in your bladder into the container.
4. Screw top on tightly.
5. Put the date and time of collection on the container.
6. Take the container to any Southern.IML Pathology collection centre on the day you collect it. If there is any delay, the specimen should be refrigerated.
7. Repeat this procedure for the following two consecutive days.
7. **The sample must be collected and sent to the collection centre each day.**
8. Repeat this procedure for the following 2 consecutive days.