



## Advice to Patients

### 5HIAA Dietary Restriction

**The following must be avoided 24 hours prior and during collection.**

Bananas  
Pineapple  
Citrus fruits  
Plums  
Tomatoes  
Broad beans  
Nuts  
Cheese

**Salicylates:**

Aspirin  
Aspro  
Bex  
Bufferin  
Cartia  
Disprin  
Ecotrin  
Solprin,  
Vincent's powders  
Winsprin and others.

**Bronchodilators:**

Aminophylline  
Bricanyl  
Brondecon  
Elixophyllin  
Ephedrine  
Nuelin  
Theo-dur  
Ventolin  
Berotec  
Medihaler  
Respolin and others.