



SOUTHERN . IML
PATHOLOGY

"Your local Laboratory with national resources, serving our community"

Special Diet for 24 hour Urine tests VMA Catecholamines

To improve the accuracy of the above tests, a special diet is required for **one (1) day before and the day of** the urine collection.

On these days, you should have **No tea, coffee, chocolate, vanilla, bananas, ice-cream, citrus fruits or any food containing vanilla.**